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HEMI-LYNC

Making Global Connections

Hemi-Lync is a print media network bulletin board—a communication device—for connecting you with people, events, and publications around the world that have something to share about Hemi-Sync. It's your forum and we encourage you to use it. The items posted in this issue represent only a few of the Hemi-Lync possibilities.

Appearances

Gari Carter appeared at the Tattered Cover Bookstore in Denver, Colorado, on November 5, 1994, and at Barnes & Noble in Orlando, Florida, on November 12, 1994, to sign copies of *Healing Myself*—the story of her heroic journey with Hemi-Sync.

Books

The following titles are available from your local bookstore.

The Celestine Prophecy: An Experiential Guide, by James Redfield and Carol Adrienne (\$8.99, softcover), quotes extensively from *ULTIMATE JOURNEY* in the chapters "The Message of the Mystics" and "The Emerging Culture." The basic principles gleaned from Bob's out-of-body travels are summarized under the heading "Shift Your Perspective."

The Sixth Sense, by Laurie Nadel, Ph.D. (\$4.99, softcover, Metamorphosis), lists TMI tapes in its bibliography as "psychotechnology aids" to the intuitive process. [Thanks to Mark Adornetto—our source for this clip tip]

Electronic Lyncs

"Surf the net," for sites featuring The Monroe Institute and related topics. *The Altered States of Consciousness (ASC)* World Wide Web site includes Hypnosis, OBEs, Dreams and Lucid

Dreams, Drugs, Parapsychology, and more. Connect to:
<http://www.utu.fi/~jounsmed/asc/asc.html>

The Spiritual Consciousness (Spirit-WWW) World Wide Web site includes Channeling, Lightwork, Healing, Reincarnation, UFOs, OBEs, Yoga, Veda, Theosophy, Astrology, Journals and more. Connect to: <http://zeta.cs.adfa.oz.au/Spirit.html>

Interviews

Gari Carter was a special guest on two Florida-based radio programs to share her personal story and the story of Hemi-Sync. On December 7, 1994, Gari was invited for a repeat interview with Lisa Cohen of WQYK's Health Journal in Tampa Bay, Florida.

Then she discussed her experiences with Abbey Roads of Community Connections on U-92 (WUYUU-FM) in St. Petersburg, Florida, on December 9, 1994.

Journals

The Christian Parapsychologist, September 1994, featured a review of *Using the Whole Brain* by TMI Sustaining Member Hugh Corbett. Hugh is a former vice-chairman of The Churches' Fellowship for Psychical and Spiritual Studies. The essence of *Whole Brain* and a good deal of background information on the Institute and Robert Monroe were superbly conveyed in a very condensed format.

Magazines

The New York Times Magazine, January 22, 1995, focused on Elisabeth Kübler-Ross, whose contribution was instrumental in creation of the *GOING HOME* tapes. "Rewriting the End," by Jonathan Rosen, is an overview of Elisabeth's work and emphasizes the changes in her perspective on death and dying.

Newsletters

Expansion, Tools for Awareness and Well Being, January 1995, announced Professional Member Elisabeth Y. Fitzhugh's relocation to Charlottesville, VA Elisabeth will continue to combine Hemi-Sync tapes with her presentation of the ORION expanded awareness material and work with the Positive Immunity Program.

Holistic Health, the Newsletter of the British Holistic Medical Association, published "Sound and Health: The Work of The Monroe Institute," by Ronald (Russ) Russell, in their February/March 1995 issue.

The Stapleton InnerLine, Vol. 15, No. 13, November 3, 1994, put "Former Frontier Employee Tells Inspirational Story," by Sean P. McNerney, on the front page. The article touted former flight attendant Gari Carter's book, *Healing Myself*, and the benefits of the Surgical Support

Series. She is quoted as saying, "To be able to control your own pain and not have to wait for a pain pill or for a scheduled shot was a wonderful feeling!"

Newspapers

Heart & Wings, February, 1995, a newspaper of the Sufi order (in which Gari Carter is an initiate), made "Healing Myself: A Hero's Primer for Recovery from Tragedy" a feature article. Walia Gorman's sensitive account of Gari's injury and recovery portrayed Sufi principles and HemiSync as complements fostering her inner strength and outer healing.

Rocky Mountain News, Health and Fitness Section, Denver, CO, November 2, 1994, ran "Healing author describes tragedy and triumph" as Linda Castrone's weekly column. Author Gari Carter, who probably has the most in-depth experience of anyone with the *Surgical Support* tapes, is described as a role model for others dealing with tragedy.

"A Return to Beauty," by Jeanne Malmgren, dominated the December 7, 1994, Floridian Section of *The St. Petersburg Times*. Subtitled 'Thirteen years ago, Gari Carter's face was perfect and her life was a mess. Then came the car accident that scarred her face and healed her life,' it describes Gari's odyssey in detail, including the role of the *Surgical Support Series* as she faced multiple reconstructive surgeries.

Television

During the week of January 23, Paramount Television's *Sightings* program aired "The Healing Mind." This quality production included conversations with Gari Carter and her son and daughter, a segment on her use of the *Surgical Support Series* tapes, footage of The Monroe Institute laboratory and grounds, and an interview with F. Holmes (Skip) Atwater, Institute Research Director.